



## THE CHURCH SPIRE

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### Examen Prayer Exercise

This past week at Sunday school, Pastor Brian led the youth and the adults who joined us through a prayer exercise called Examen Prayer. This is an exercise that helps us figure out where God is working in our lives throughout our days, weeks, and months. It is often best to do this exercise with someone else, with one person prompting you with questions, while you write or draw your thoughts down. You can, however, do this exercise on your own, by simply following the format.

For those of you who'd like to try this prayer exercise over Lent, here is the format that you can follow:

Get in a comfortable position: sitting at a table, on the floor, or wherever feels comfortable. Grab a pen and journal.

Sit in silence for a minute. Or, play a favorite hymn or Christian song to help set the tone.

As you sit in silence, go through the following questions...

#### **Thanksgiving:**

Today, for what things are you grateful? Write down your answers.

What are you grateful for at school, home, and work?

Who are you grateful for? Why?

#### **Intention:**

Today, what do you really want for yourself? Be honest. Write it down.

Is there something you've been hoping or longing for?

#### **Examination:**

Today, in what ways have you experienced God's love? Write it down.

Has God shown you his love through people? If so, who?

Through nature?? If so, where?

#### **Contrition:**

Today, what choices have you made this week that have been inadequate responses to God's love? Write it down.

How have you sinned this week?

Have you hurt someone in your family? At work? At church?

#### **Hope:**

Today, how will you let God lead you to a brighter tomorrow? Write it down.

With what parts of your life can you trust God better? With school, with work, with friendships?

What would you like to do better this week?

Once you have been prompted through the questions, close in prayer.

## **UPDATE - ROOM IN THE INN**

This message is from RITI Coordinator, Pam Ashley on February 1, 2016.

She asked that we share it with our volunteers and Pastors.

With warm heartfelt Thanks.

Dear Friends

Room In The Inn has now been open 6 weeks this season. Even though we have been open 2 less weeks this season than last, we have provided more than double the cumulative nights of shelter and meals provided by Jan. 31, 2015.

As of Jan 31, 2016 we have served:

25 individual Guests - 5 children including a 6 month old, 6 women, 14 men, while last season we had served 11 individual Guests by Jan 31, and 30 by the end of the season.

Two children are still with us (a 5 year old and the 6 month old). Mom and Dad are also staying with us. Dad works nights at Imperial Aluminum and stays with us the nights he is not working.

311 cumulative nights of shelter. Last season we had provided 142 nights of shelter by Jan 31, and 395 by the end of the season.

So far this season, 940 meals. Last season we had provided 426 meals by Jan 31, and 1184 by the end of the season.

It's sad to see the numbers increase, but at least we know we are needed and are helping to make a difference for some of our neighbors in need.

Woodville Baptist provided food last Saturday and has already signed up to do so again in February. They provided breakfast, lunch and dinner. We'll take a look at the calendar and make some adjustments for the end of the month so we can use them where they are most needed.

It is an honor and blessing to serve the Lord in this way with all our volunteers. Let's pray that the Lord continues to bless Room In The Inn, our Guests and our volunteers.

Pam

As you can see from Pam's report, the number of people seeking food and shelter this year through the Jackson County Homeless Ministry {RITI} has increased since last season. On February 6th, we had 13 guests – a family of 4 including 2 children, another couple and 7 other men. These are individuals/ families who have come upon hard times.

We need your help to serve these people on those nights when we are the host church. We especially need couples to serve as Innkeepers. Last year we did not have female guests; however we have women this year, thus we must have a male and a female as Innkeepers for the night

Our mission is to do as Christ taught: To feed the hungry; To shelter the homeless; To love our neighbors. This we committed to do: 2 or 3 night a months for 4 months from December 1 through March 31. Please continue to pray for this program. Open your heart and seriously consider giving of your time, your care and compassion to help on our upcoming host nights; 1 more in February, on the 19th, and 2 or 3 dates in March. We need you!!

May the Grace and Peace of our Jesus Christ be with you.

**March Dates for RITI:**

**March 5th, March 18th, March 26th**

The Experiencing Prayer Sunday School Class, which is an extension of the Youth's Sunday School will meet again this Sunday (Feb 21st) at 9:45 AM in the Fellowship Hall. All classes are invited to join, though not required! You are also invited to continue meeting in your normal Sunday School Class, as well.

## No Youth Sunday evening February 21st

Youth will resume on Feb. 28th as usual. (We DO Need volunteers to sign up to bring food on Sunday night for the Youth.) If you volunteer to serve food to the youth, you are welcome to bring it to the church before 6PM on Sunday night and drop it off. You are more than welcome to stay and serve the youth and eat with them. BUT, you don't have to. (You are also welcome to simply bring the food to the fellowship hall and drop it off We will serve it and clean it up. A sign up sheet will be outside of the main office.)

Sincere thank you to everyone who sent letters, texts and contacts regarding the recent passing of my parents. I truly appreciate all of you for thinking of me and my family at this time. I have felt all my friends and church family's arms around me through this sad journey. ~Barbara Cordes

### Prayers of the People:

Tim Allen, Shelia Amos, Mary Jo Bradford, Stroby Stewart; Erica Scott; David Patrick; Des Noble; Jim Holmes; Judy Hood, Christine Miller, Andy and June Vaughn, Rex Parris, Mike Lee, Viki Harrell, Miriah Penick, Ivy Bridges, Tammy Holcomb, Angie Feldwich, June Stripling, Alison McCracken, Viki Harrell, Kathy Brooks, James Bowman, Barbara Cordes in the passing of her father and her mother, Christy, The Family of Mike Benson, Dwight Byrum and Family, Jane Radon, Kelli Newman, Rosa Pearl Light and others in our thoughts and prayers from Sunday, February 14th.

*If you have a name to add to the prayer list please use the Christian pads in the pews and drop it in the offering plate Sunday morning. You may also email them to: [scottsbocpc@gmail.com](mailto:scottsbocpc@gmail.com).*

## Mark Your Calendars:

**Deacon Meeting**  
**Sunday February 21st**  
Immediately Following  
Worship Service

**Men's Fellowship Breakfast**  
**Belated Shrove Tuesday**  
**Sunday February 21st**  
**9 AM**

**Primetimer's**  
**Friday February 26th at 11:30 AM**  
**Stevenson Cumberland**  
**Presbyterian Church**



**Food For Thought starts March 2nd**  
Please be in prayer for this ministry,  
and if you feel so led, please contact  
the main office about volunteering to  
provide snacks or to tutor kids.

### **Daylight Savings Time**



**MARCH 13**

**Spring  
Forward!**

**Set your clocks ahead**



**Carillons Practice Wednesdays at 6 PM**  
**Choir Practice Wednesdays at 7 PM**

**MISSED A SUNDAY?**

**CHECK OUT OUR  
SERMONS ONLINE!**





**What is it?** Food for Thought is a program that seeks to meet the nutritional and educational needs in our community. It is a program where volunteers in the church will work with 15 kids, grades K-8 to help them with homework, feed them a snack, play games with them, read books with them, and build relationships with them.

**Where?** This ministry will take place at Hollywood Elementary School.

**When?** Wednesday afternoons from 2:45-4. It will start on March 2 and run through April 13.

**What's needed?** We will need volunteers who are willing to provide a snack each week for the kids. And we will need volunteers who are willing to come work with the kids on Wednesday afternoons.

If you have any further questions about it, please contact the main office.

WOW!! Thank you to all who came out and supported the Youth at the Valentine's Day Lunch Fundraiser. With your help, \$2015 was raised for the Youth Budget.



“Thank you to church Family for all the visits, cards, phone calls, and prayers. I am in rehab and on the way to recovery. Having to learn all the things you do with your hands will be a long slow process. Knowing you are there praying for me and my family during this time means so much to me.

Love, Grace, & Peace Jane”

## ???CHOIR???

No matter who you rooted for to win the Super Bowl, there's one thing we can all agree on-CPC has a wonderful choir! I can attest that they are a great group with which to work to enhance worship. However, we are always looking for new members. Singing in choir is a rich and rewarding experience. There's fellowship galore, plenty of brain stimulation, and the fulfilling feeling of using your God-given talent to not only give back to God but also to play a vital part of worship at CPC.

If you like to sing, we would love for you to come and give it a try. Please consider singing with us for Holy Week Tenzbrag Service and/or Palm Sunday and Easter. We will begin rehearsals on that music next week, February 17th at 7:00p.m. We will start rehearsal with that music so you could leave after it when we rehearse regular Sunday music.

The more members we have, not only is the sound greater but also we would still have a goodly number when there is sickness and vacations. We can also train you to read music if that's a problem and we can have a babysitter if there is a need.

Remember that our worship is a major way of praising God for all that He has done for us. Please come be a part of this ministry!

**The Member Care Team** needs your input. Please provide the name, address and exam schedule for your post high school student in order for us to prepare exam care packages. These Packages are prepared by members of our church as an out-reach to the students to let them know we care.

**Plans are under way for Primetimers' Luncheon, 11:30, Feb. 26th at Stevenson CPC. Ricky Dooley has kindly agreed to drive the church van. That is another fun part for all who ride. We will depart church at 11:10. Our callers are making their calls, but with our members coming and going with their busy schedules we can not reach everyone. Please feel free to call the office and leave your name or do put your name in the collection plate this Sunday the 20th, to let us know to add you to our count. I need to pass along the head count to Stevenson's cooks Monday the 22nd. Come one, come all, the fellowship will lift your spirits.**



**The Building Fund has hit the ground running thanks to all  
the generous donations!!**

*Please prayerfully consider donating to the building fund!*



# GUATEMALA MISSION TRIP



Pictures of the Hot Lunch Program in Guatemala City.



Guatemala is a country located in Central America, south of Mexico. Its capital is Guatemala City, and that is where our team will be serving.

Guatemala was once the core of the Mayan civilization. As such, a rich tradition of Mayan culture, language, and crafts still exist. Guatemala endured a long civil war between 1960-1996. That civil war left the country in much disarray.

Several years ago, the Cumberland Presbyterian Church decided to focus on Central America as a mission point. The CP Church has a lot of churches, schools, and ministries already in existence in the United States and in Colombia, South America. Central America is located nicely in between the two, and so our mission's boards decided to focus on Central America. Since this focus began, the CP Church has sent 3 Colombian missionaries to begin work in Guatemala: planting churches, administering a medical clinic, and now starting a Hot Lunch Program.



## WE NEED YOUR HELP!

A team from Scottsboro CP Church will be headed to Guatemala to work in this Hot Lunch Program, and to service the kids' medical needs in any ways we can.

In order for this trip to be possible, we are asking **that you prayerfully consider donating to this trip.** We will need to buy plane tickets, lodging, and supplies for this team to go.

Please pray for the team as things begin to come together. And if you feel so led, please donate to the church with "Guatemala Mission Trip" in the subject line.



2016

General Fund

February 14th offering: \$8,304.00

YTD Offering: \$43,000.40

Budget Requirements

Budget Requires per Sunday: \$6,747.40

YTD Budget Requires: \$350,865.00

\*Please Note that January's offering in the spire did not reflect what was received in automatic draft.  
February's Offering will reflect Automatic Draft totals as they are received\*

**Attendance for:**

**2/10/16-Ash Wednesday**

Worship: 63

**Sunday 2/14/16**

Sunday School: 55

Worship: 120

**Worship Aids for Sunday**

Head Usher: Mark Williams

Pastor: Micaiah Tanck

Worship Leader : Brian Tanck

Greeter: Dianne And Rickey Dooley

If you cannot serve, please find someone who will replace you.

If you need something please call the Church office If no answer please call Micaiah, (205) 478-5985; Brian (630) 730-1577 . Your concerns and needs are important to us.

The Church Spire

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